



Upcoming Virtual Workshops: Cost \$25.00 2 Hours of Professional Development

WHAT IS APPETITE TO PLAY?

The Appetite to Play initiative builds the capacity of early years providers to promote and encourage healthy eating and physical activity in the early years. We want to reach everyone in British Columbia, and have training **from the comfort of your own home!**

WHAT WILL I LEARN?

This interactive workshop will enhance knowledge, skills and confidence in creating childcare settings that support physical literacy, healthy eating and healthy child development. Planning tools, self-assessments, recipes, games and activities will be shared.

WHO SHOULD ATTEND?

The workshop is suited to early years providers and stakeholders who are interested in learning more about physical literacy and healthy eating for children 0-5 years old, and who want increase their capacity in this field.

New Virtual Workshop schedule: Click on one of the below dates to register

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| Mon April 15th 10am to 12pm | Tues, May 7th 10am to 12pm | Tues June 4th 10am to 12pm |
| Mon, April 29th 6pm to 8pm | Mon May 27th 6pm to 8pm | Thurs June 20th 6pm to 8pm |

For more information: email atpinfo@cw.bc.ca or view the [Appetite to Play Video](#)