

**NATIONAL  
CHILD'S  
DAY  
WEDNESDAY  
NOV. 20th**

**VANESSA  
LAPOINTE**



**ECE Poster Displays**

Hollywood Rd Education Centre  
Room 1

8:30 - 9:30 AM

There will be tables set up in the gym during registration featuring presentations on children's mental health and wellness.

If your agency supports children's mental health, contact us to reserve a free table for your display.

250-762-3536

**REGISTRATION  
NOW OPEN  
Free For Everyone!**

**The ABCs of Childhood Mental Health**

Hollywood Rd Education Centre - Room 1

9:30 AM - 12:30 PM (Doors open @ 8:30 AM)

This workshop will explore: the reason for childhood struggles with mental health, the way mental health challenges typically present in children, and most importantly, what can be done to support children towards healthy development and actualizing their fullest potential."

(2 Hr Professional Development Certificate)

**INCLUDES LUNCH 11:30 - 12:30 PM**

**When the Worry Monster Attacks:  
Supporting Children Struggling with Anxiety**

Hollywood Rd Education Centre - Room 1

6:30 - 8:30 PM (Doors open @ 6:00 PM)

Participants will learn about the different forms of anxiety that are commonly diagnosed in children. We will work to understand what unites these different expressions of worry and how to best support the child feeling overwhelmed by such worry so that participants leave with a better sense of how to help put a child's worry monster to rest.

(2 Hr Professional Development Certificate)

**To Register, call, email or visit Childhood Connections.**

**250-762-3536 — resource@childhoodconnections.ca — 4 -1890 Ambrosi Rd, Kelowna**