

# An evening with Dr. Carrington

Over the past 15 years, Dr. Jody Carrington has assessed, treated, educated and empowered some of our most vulnerable and precious souls on the planet. She is a child psychologist by trade, but Jody rarely treats kids. The answer lies, she believes, in the people who hold them. Especially when kids have experienced trauma, that's when they need big people the most. Jody has shifted the way they think and feel about the holy work that they do. Her first book, [Kids These Days: A Game Plan for \(Re\) Connecting with those we Teach, Lead & Love](#), came out in 2019 and sold 20,000 copies in just three months. It is now on Amazon's Best Sellers List.

**Tues. Feb. 9th (6:30-7:30pm via Zoom)**

**COST: FREE**

Must have access to a computer with a camera and stable internet connection

**Registration by Kamloops CCRR only!**

250-376-4771

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**\*\*Disclaimer: Dr. Jody sometimes uses colourful language which may not be suitable for all audiences.\*\***

**A 1 hour Pro-D certificate will be provided**



Kamloops  
Community  
YMCA-YWCA

