



# Nourish Families



*Nourish Families is a scaffolded year long program .  
Each program runs for 12 weeks with the same participants  
for the community of Nourish Families Program.  
All families must be located in the Central Okanagan with  
atleast one child under the age of 6 years.*



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[www.childhoodconnections.ca](http://www.childhoodconnections.ca)

