

# June 2026

## Family Programs Calendar



SUN		TUE	WED	THU	FRI	SAT
31	1	2 Art In The Park Parkinson Rec Centre	3 Song, Story, Rhyme Time Benlee Park	4 Art In The Park Johnson Bentley Nourish Families	5 No Nourish today	6
7	8	9 Art In The Park Parkinson Rec Centre	10 Song, Story, Rhyme Time Benlee Park	11 Art In The Park Johnson Bentley	12 Early Nourish Nourish Connection Family Night	13
14	15	16 Art In The Park Parkinson Rec Centre	17 Song, Story, Rhyme Time Benlee Park	18 Art In The Park Johnson Bentley	19 Early Nourish Nourish Connection Helping Hands Helen's Acres Farm	20
21	22	23 Art In The Park Parkinson Rec Centre	24 Strawberry Rhyme Time (FULL) Helen's Acres Farm	25 Art In The Park Johnson Bentley	26 Strawberry Rhyme Time (FULL) Helen's Acres Farm	27
28	29	30 Art In The Park Parkinson Rec Centre	1	2	3	4

### Early Years Programs

Art In The Park, 10am-11am (geared for ages 2-5 years)

Song, Story, Rhyme Time, 10am-11am (geared for ages 6 month to 5 years)

Helen's Acres Helping Hands, 10am-11am (geared for ages 3+ years) \*registration required

### Parent Connection Programs

Early Nourish - parent connection program for moms with newborns to 2.5 year olds (Sept-June)

Nourish Connection - attachment based parenting support for parents with 6-13 year olds (Sept-June)

### Youth Programs

Family Night - various family activities at the Strong Roots Centre \*registration required

